

## Psalm and Readings Thursday 5th February 2026

### Psalm 14

- 1 Fools say in their hearts, 'There is no God.' They are corrupt, they do abominable deeds; there is no one who does good.
- 2 The Lord looks down from heaven on humankind to see if there are any who are wise, who seek after God.
- 3 They have all gone astray, they are all alike perverse; there is no one who does good, no, not one.
- 4 Have they no knowledge, all the evildoers who eat up my people as they eat bread, and do not call upon the Lord?
- 5 There they shall be in great terror, for God is with the company of the righteous.
- 6 You would confound the plans of the poor, but the Lord is their refuge.
- 7 O that deliverance for Israel would come from Zion!  
When the Lord restores the fortunes of his people, Jacob will rejoice; Israel will be glad.

### Genesis 26:34 – 27:40

When Esau was forty years old, he married Judith daughter of Beeri the Hittite, and Basemath daughter of Elon the Hittite; and they made life bitter for Isaac and Rebekah.

When Isaac was old and his eyes were dim so that he could not see, he called his elder son Esau and said to him, 'My son'; and he answered, 'Here I am.' He said, 'See, I am old; I do not know the day of my death. Now then, take your weapons, your quiver and your bow, and go out to the field, and hunt game for me. Then prepare for me savoury food, such as I like, and bring it to me to eat, so that I may bless you before I die.'

Now Rebekah was listening when Isaac spoke to his son Esau. So when Esau went to the field to hunt for game and bring it, Rebekah said to her son Jacob, 'I heard your father say to your brother Esau, "Bring me game, and prepare for me savoury food to eat, that I may bless you before the Lord before I die." Now therefore, my son, obey my word as I command you. Go to the flock, and get me two choice kids, so that I may prepare from them savoury food for your father, such as he likes; and you shall take it to your father to

eat, so that he may bless you before he dies.' But Jacob said to his mother Rebekah, 'Look, my brother Esau is a hairy man, and I am a man of smooth skin. Perhaps my father will feel me, and I shall seem to be mocking him, and bring a curse on myself and not a blessing.' His mother said to him, 'Let your curse be on me, my son; only obey my word, and go, get them for me.' So he went and got them and brought them to his mother; and his mother prepared savoury food, such as his father loved. Then Rebekah took the best garments of her elder son Esau, which were with her in the house, and put them on her younger son Jacob; and she put the skins of the kids on his hands and on the smooth part of his neck. Then she handed the savoury food, and the bread that she had prepared, to her son Jacob.

So he went in to his father, and said, 'My father'; and he said, 'Here I am; who are you, my son?' Jacob said to his father, 'I am Esau your firstborn. I have done as you told me; now sit up and eat of my game, so that you may bless me.' But Isaac said to his son, 'How is it that you have found it so quickly, my son?' He answered, 'Because the Lord your God granted me success.' Then Isaac said to Jacob, 'Come near, that I may feel you, my son, to know whether you are really my son Esau or not.' So Jacob went up to his father Isaac, who felt him and said, 'The voice is Jacob's voice, but the hands are the hands of Esau.' He did not recognize him, because his hands were hairy like his brother Esau's hands; so he blessed him. He said, 'Are you really my son Esau?' He answered, 'I am.' Then he said, 'Bring it to me, that I may eat of my son's game and bless you.' So he brought it to him, and he ate; and he brought him wine, and he drank. Then his father Isaac said to him, 'Come near and kiss me, my son.' So he came near and kissed him; and he smelled the smell of his garments, and blessed him, and said,

'Ah, the smell of my son is like the smell of a field that the Lord has blessed.'

May God give you of the dew of heaven, and of the fatness of the earth, and plenty of grain and wine.

Let peoples serve you, and nations bow down to you.

Be lord over your brothers, and may your mother's sons bow down to you.

Cursed be everyone who curses you,  
and blessed be everyone who blesses you!'

As soon as Isaac had finished blessing Jacob, when Jacob had scarcely gone out from the presence of his father Isaac, his brother Esau came in from his hunting. He also prepared savoury food, and brought it to his father. And he said to his father, 'Let my father sit up and eat of his son's game, so that you may bless me.' His father Isaac said to him, 'Who are you?' He answered, 'I am your firstborn son, Esau.' Then Isaac trembled violently, and said, 'Who was it then that hunted game and brought it to me, and I ate it all before you came, and I have blessed him?—yes, and blessed he shall be!' When Esau heard his father's words, he cried out with an exceedingly great and bitter cry, and said to his father, 'Bless me, me also, father!' But he said, 'Your brother came deceitfully, and he has taken away your blessing.' Esau said, 'Is he not rightly named Jacob? For he has supplanted me these two times. He took away my birthright; and look, now he has taken away my blessing.' Then he said, 'Have you not reserved a blessing for me?' Isaac answered Esau, 'I have already made him your lord, and I have given him all his brothers as servants, and with grain and wine I have sustained him. What then can I do for you, my son?' Esau said to his father, 'Have you only one blessing, father? Bless me, me also, father!' And Esau lifted up his voice and wept.

Then his father Isaac answered him:

'See, away from the fatness of the earth shall your home be,  
and away from the dew of heaven on high.  
By your sword you shall live,  
and you shall serve your brother;  
but when you break loose,  
you shall break his yoke from your neck.'

## 2 Timothy 1:15 – 2:13

You are aware that all who are in Asia have turned away from me, including Phygelus and Hermogenes. May the Lord grant mercy to the household of Onesiphorus, because he often refreshed me and was not ashamed of my chain; when he arrived in Rome, he eagerly searched for me and found me —may the Lord grant that he will find mercy from the Lord on that day!

And you know very well how much service he rendered in Ephesus.

You then, my child, be strong in the grace that is in Christ Jesus; and what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well. Share in suffering like a good soldier of Christ Jesus. No one serving in the army gets entangled in everyday affairs; the soldier's aim is to please the enlisting officer. And in the case of an athlete, no one is crowned without competing according to the rules. It is the farmer who does the work who ought to have the first share of the crops. Think over what I say, for the Lord will give you understanding in all things.

Remember Jesus Christ, raised from the dead, a descendant of David—that is my gospel, for which I suffer hardship, even to the point of being chained like a criminal. But the word of God is not chained. Therefore I endure everything for the sake of the elect, so that they may also obtain the salvation that is in Christ Jesus, with eternal glory. The saying is sure:

If we have died with him, we will also live with him;  
if we endure, we will also reign with him;  
if we deny him, he will also deny us;  
if we are faithless, he remains faithful—  
for he cannot deny himself.

## The Collect of the Day

Almighty God,  
by whose grace alone we are accepted  
and called to your service:  
strengthen us by your Holy Spirit  
and make us worthy of our calling;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.